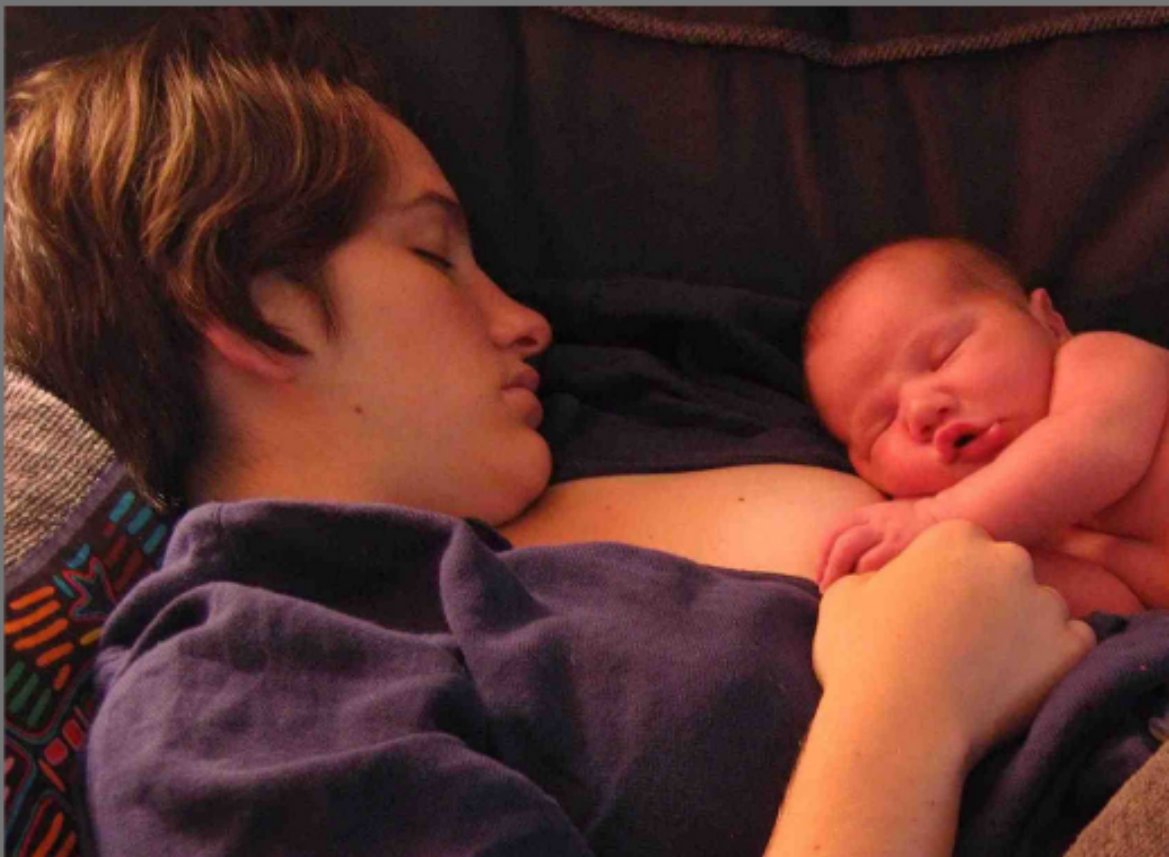


*Helping families spend generous amounts  
of time together...*

# Family & Home Network<sup>®</sup>

Affirmation ♦ Information ♦ Advocacy

**Connection, trusting relationships, two-way intimate  
communication -- adding up moment by moment, building  
healthy brains for life!**



**Family and Home Network focuses on children's needs for warm, nurturing relationships with their parents -- and on parents' experiences and feelings as they take the time to meet their children's needs.**

\*\*\*\*\*

*Have you heard that many of our nation's most renowned developmental scientists are gravely concerned because so many babies and young children are not getting the nurturing care they need?*



“

DR. DARCIA NARVAEZ  
THE EVOLVED NEST

Because human infants are born so immature—the equivalent of 18 months early compared to other hominids—they require particularly intensive caregiving after birth for proper neurobiological development  
[The Evolved Nest].

When families and communities are distracted and stressed, they do not provide young children with the intensive, supportive care they evolved to need.

With the evolved nest the brain and body develop normally and optimally. Degraded evolved nests, an increasing problem today, are incapable of promoting a proper humanity.

”

All parents need accurate information about the needs of their babies and the significance of their time together. Parents need support -- from extended family and friends and also from public policies.

We've been busy spreading the word about our [Campaign for Inclusive Family Policies](#) -- we call for policies for ALL families.

**The ways in which families meet their income-earning and caregiving responsibilities should not determine their eligibility for support and services.**

Will you show your support for the Campaign for Inclusive Family Policies by adding your name as a Supporter?

Please click on the link to read the statement and add your name as a Supporter. And please consider sharing information about the Campaign with your friends and family.

[Campaign for Inclusive Family Policies](#)

We've sent over one hundred press releases out to potential allies and media representatives about the Campaign for Inclusive Family Policies and we've been busy having follow-up conversations and forging alliances. We also sent press releases to every Presidential candidate and we continue to analyze family policy proposals and speak with legislative staff members.

\* \* \* \* \*

Did you see the New York Times article "[At-Home Parents Work Hard. Should They Be Paid?](#)" by Claire Cain

# SOME families want full-time child care BUT others prefer care

by at-home  
mother or  
father

by tag-team  
parents (working  
different hours)

by grandparents or  
other family members



by any number of other caregiving choices (often used part-time) - some examples: preschool, babysitting co-op, nanny share, family day care, night-time care to accommodate parents' employment schedules.

Miller (October 3, 2019)? In addition to posting an online comment, we sent a letter to the New York Times. [Please read Catherine Myers' blog post](#) about our advocacy in response to this article and let us know what you think.

\*\*\*\*\*



Please connect with us in our new online space: Family and Home Community. Meet each other and meet FAHN

Board members, staff and volunteers -- participate in discussions, ask questions, help us think about our work.

Choose the topics you're interested in and find others with similar interests. Click on 'INVITATION' to go to our Family and Home Community. Choose a user name and explore... we hope to see you there!

[INVITATION](#) to join our Family and Home Community.

\*\*\*\*\*

We're looking for someone to join our Communications Team (2 hours/week). Social media skills are essential. For more information, please email: [cmyers@familyandhome.org](mailto:cmyers@familyandhome.org)

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*Do you have questions? Feedback? We'd love to hear from you!*

Cathy Myers, Executive Director - [cmyers@familyandhome.org](mailto:cmyers@familyandhome.org)

Joanne LaSpina, Chair, Board of Directors - [jlaspina@familyandhome.org](mailto:jlaspina@familyandhome.org)

Can you help by making a financial contribution to support our work?

**[Donate online](#)**

***or by mail:***

***Family and Home Network, P.O. Box 72134, Durham, NC 27722***

{{Disclaimer}}

Family and Home Network

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